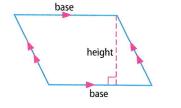
Areas of Parallelograms and Triangles

Areas of Parallelograms In Lesson 6-2, you learned that a *parallelogram* is a quadrilateral with both pairs of opposite sides parallel. Any side of a parallelogram can be called the **base of a** parallelogram. The height of a parallelogram is the perpendicular distance between any two parallel bases.

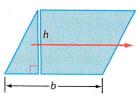


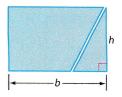
You can use the following postulate to develop the formula for the area of a parallelogram.

Postulate 11.1 Area Addition Postulate

The area of a region is the sum of the areas of its nonoverlapping parts.

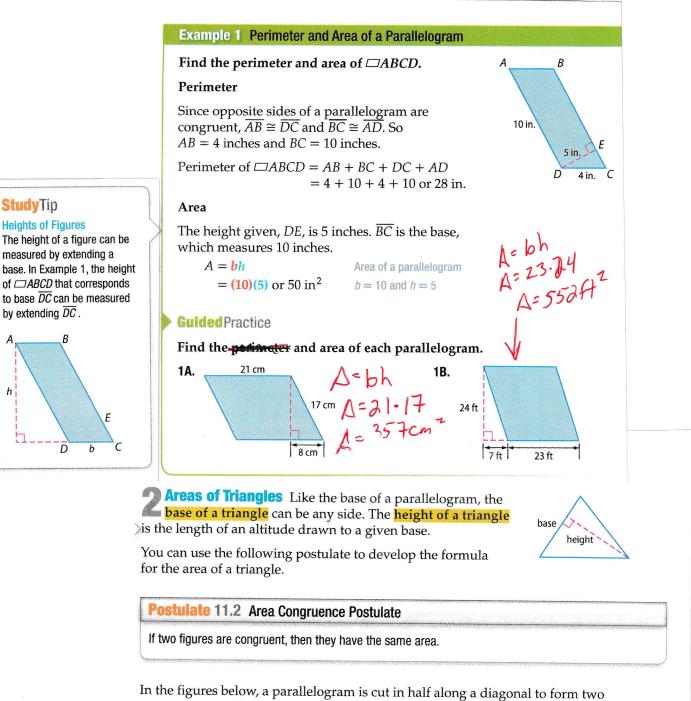
In the figures below, a right triangle is cut off from one side of a parallelogram and translated to the other side as shown to form a rectangle with the same base and height.





Recall from Lesson 1-6 that the area of a rectangle is the product of its base and height. By the Area Addition Postulate, a parallelogram with base b and height h has the same area as a rectangle with base b and height h.

KeyConcer Area of a Parallelogram		
Words	The area <i>A</i> of a parallelogram is the product of a base <i>b</i> and its corresponding height <i>h</i> .	
Symbols 🤇	A = bh	h
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congruent triangles with the same base and height.



By the Area Congruence Postulate, the two congruent triangles have the same area. So, one triangle with base *b* and height *h* has half the area of a parallelogram with base *b* and height h.

KeyConc	e Area of a Triangle	
Words	The area A of a triangle is one half the product of a base <i>b</i> and its corresponding height <i>h</i> .	
Symbols	$A = \frac{1}{2}bh \text{ or } A = \frac{bh}{2}$	